



## FEMALE URINARY INCONTINENCE QUESTIONNAIRE

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Last First MI

Please check (✓) the appropriate box:

1. Over the last 12 months, have you had urine loss beyond your control?  Yes  No
2. How long ago did your urine loss start? \_\_\_\_\_ years, \_\_\_\_\_ months, \_\_\_\_\_ days.
3. When does the urine loss usually occur?  
 Daytime only  
 Nighttime only  
 Both daytime and nighttime

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### Questions for Urge Incontinence symptoms:

1. Some people receive very little warning and suddenly find that they are losing, or about to lose, urine beyond their control. How often does this happen to you?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  2. If you can't find a toilet or find that the toilet is occupied, and you have an urge to urinate, how often do you end up losing urine and wetting yourself?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  3. Do you lose urine when you suddenly have the feeling that your bladder is very full?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  4. Does washing your hands cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  5. Does cold weather cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  6. Does drinking cold beverages cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
- Total Urge Score: \_\_\_\_\_

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### Questions for Stress Incontinence symptoms:

1. Does coughing gently cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  2. Does coughing hard cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  3. Does sneezing cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  4. Does lifting things cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  5. Does bending over cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  6. Does laughing cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  7. Does walking briskly or jogging cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  8. Does straining, if you are constipated, cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
  9. Does getting up from a sitting to standing position cause you to lose urine?  
 Often (3)  Sometimes (2)  Rarely (1)  Never (0)
- Total Stress Score: \_\_\_\_\_